



PLANT CITY CHAMPIONS FOR YOUTH

ENCOURAGE - SUPPORT - ACHIEVE

CHAMPIONS CHATTER

Plant City Champions for Youth, Inc.
PO Box 1755, Plant City FL 33564-1755
Web: www.pcchampionsforyouth.org
Email: pcchampionsforyouth@outlook.com

Late September, 2024

NEXT MEETING IS ON MONDAY SEPTEMBER 16

We get deep into planning for our fall events at the next meeting. It is a **Steak Night meeting on Monday, September 16, 6:15 pm grill time, 6:30 pm meeting, on the Parks & Rec admin patio.** **Activities** on the agenda are Football Punt-Pass-Catch-Pull (October 12), Golf Classic (Friday October 25), "Monster Mash" Trunk or Treat (October 25), Youth Excellence Awards (October-November) and Tree Lot planning (set-up is Saturday, November 23). Bring a friend and a grillable protein for both of you, we'll provide the grill, hot coals, salad, baked 'taters, and tea!

GET THOSE GOLF TEAMS AND SPONSORS SECURED!

Friday October 25 is the date for the **Golf Classic!** Shotgun start is at 8:00 am on the Diamond Hill course. The flyer is attached for your use to secure sponsors and teams. Flyer is also available on our web site - go to www.pcchampionsforyouth.org Hard copies will be available at the September 16 meeting. We have over \$3,400 in the bank and another \$7,400+ committed, but we need more! We need your help to recruit sponsors and teams. We will also need helpers for the evening before to set up and the morning of the event. Get out there and get those sponsors and players!



FOOTBALL PUNT-PASS-CATCH-PULL COMING OCTOBER 12

Parks & Rec will soon set the date for the **Flag Football Skills Challenge.** Check the link for details of how it works: We will need six to eight volunteers for Saturday morning October 12 to help produce this great kid-friendly event! An event flyer is attached with the data and rules—read it over and be prepared to have fun!

"MONSTER MASH" TRUNK OR TREAT

Friday October 25, the little ghouls come out for the free **"Monster Mash" Trunk or Treat** event sponsored by the Plant City Parks & Recreation Department. It's a new format at McIntosh Preserve, so watch for the details soon and come out and assist!



LOOKING AHEAD... SAVE THE DATES!

- ✓ **Monday, September 16:** Steak Night meeting, 6:15 pm grill time, 6:30 pm meeting, Parks & Rec patio.
- ✓ **Saturday, October 12:** **Football Punt-Pass-Catch-Pull Challenge**, 8:00 am set-up, 8:30-10:30 event.
- ✓ **Friday, October 25:** **Golf Classic** fundraiser tournament, 8:00 am, Diamond Hill Golf Course
- ✓ **Friday, October 25:** **"Monster Mash" Trunk or Treat**, McIntosh Preserve - more details to come!
- ✓ **October-November:** **Youth Excellence Awards**, October-November date to be announced.
- ✓ **Saturday, November 23:** **Tree Lot** set-up - mark your calendars for another fun season!

2024-2025 OFFICERS

Robert Olszewski, President
Jack Holland, Secretary/Treasurer
Walt Arnold, Sergeant at Arms



2024-2025 BOARD MEMBERS

Pat Stottlemeyer - Jeff Arnold - David Kinghorn



PLANT CITY PARKS AND RECREATION

FLAG FOOTBALL SKILLS CHALLENGE

PUNT | PASS | CATCH | PULL



October 12, 2024



Otis M Andrews Sports Complex
2402 E Cherry St.



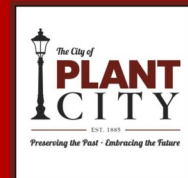
8:30 A.M. – 10:30 A.M.
Awards Ceremony at 11:00 A.M.



Ages 6-15
Boys and girls divisions.



**ATHLETIC SHOES OR CLEATS REQUIRED
(NO BARE FEET)**



RECINFO@PLANTCITYGOV.COM

PUNT, PASS, CATCH, & PULL STAFF INSTRUCTIONS

Saturday October 12, 2024

Skills Challenge set-up is at 8:00 am at the Otis M. Andrews Sports Complex, 2402 E Cherry Street. Look for the white pop-up tent. All supplies will be on site. Remember to wear your Plant City Champions for Youth shirt. Competition is 8:30 to 10:30 am, awards will be announced at 11:00 am. We need the workers to stay for the awards presentation.

Below are some details regarding the skills challenge. Please review them to become familiar with the rules, scoring, etc.

- Player Score Card (shown below) - once registered, every participant gets this sheet with the top half already filled in by the registration table staff. Player will hold it until his/her turn comes up and then give it to the scorer (clipboard holder) at the line-up. Scorer must enter the distances reported from the field and then give it back to the participant who takes it back to the registration table. Workers at the registration table total the distances and time, write the total in the top right corner and file it in the proper age group sequentially with the longest total distance on top.
- Rules:
 - Punt & Pass Rules
 - Tennis shoes or cleats only (no bare feet)
 - Must use the provided equipment
 - One attempt at punt, pass, & pull.
 - Long distance to the nearest inch
 - No negative distances recorded, just zero (0)
 - Five-foot penalty for going over the line on punt or pass
 - Complete miss of the ball allows a retake of that skill
 - Ties are broken with participants completing the entire competition
 - Catch Rules
 - Catching will involve participants attempting to catch three passes from any of the three designated spots of their choice.
 - Participants can change spots after each attempt.
 - Catch spots located at (15, 30, & 60 feet)
 - Feet conversion to yards (5, 10, 20 yards)
 - Bad throws will be a redo of throw
 - Catchable passes that are dropped results in a zero or X score for that attempt.
 - Flag Pull Rules
 - Each participant runs a timed pro-shuttle (5 yards-10 yards- 5 yards) and pulls a flag at each turn totaling two flag pulls.
 - One attempt at drill
 - Time is stopped once both flags are pulled, and participants return through the starting line.
 - <https://youtu.be/tIECZ3UG5ZM>
 - Time is subtracted from final combined distances of other drills to equal final score.
- Measuring:
 - Be sure tape stays tight on the ground
 - Spotter marks the spot on the ground where the ball landed
 - String is pulled at a 90-degree angle from the tape to the landing spot
 - End of string is then swung toward the skill starting point
 - Distance is at the end of the string on the tape to the nearest inch
 - BE SURE TO USE THE INCHES/FEET SIDE OF THE TAPE AND NOT THE METRIC SIDE!
 - Loudly and clearly announce the distance to the scorer

TOTAL SCORE:
(TOTAL FEET - PULL TIME)

**PCPRD YOUTH FLAG FOOTBALL LEAGUE
2024 SKILLS CHALLENGE PUNT-PASS-CATCH-PULL COMPETITION
SATURDAY, OCTOBER 12, 2024, - 8:30AM TO 10:30AM**

NAME:		PHONE: ()						
EMAIL:			AGE AS OF TODAY:					
Circle:	MALE	FEMALE	Circle Age Group:	6-7	8-9	10-11	12-13	14-15
(Round All Distances to Nearest Inch)								
PUNT	FEET:		INCHES:					
PASS	FEET:		INCHES:					
CATCH	ATT 1 FEET:	ATT 2 FEET:	ATT 3 FEET:	TOTAL CATCH FEET:				
PULL	TIME:							
TOTALS	TOTAL FEET: <u>(PUNT+ PASS+ CATCH)</u>		PULL TIME:			TOTAL SCORE: <u>(TOTAL FEET - PULL TIME)</u>		