

Plant City Champions for Youth, Inc. PO Box 1755, Plant City FL 33564-1755

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Early October, 2024

### MONDAY OCTOBER 7 MEETING POSTPONED TO MONDAY OCTOBER 14

Lots of great stuff coming up! Due to the bad weather predicted for Monday, our regular meeting scheduled for Monday, October 7 has been postponed to Monday, October 14, 6:30 pm at ABC Pizza. Activities on the agenda are Football Punt-Pass-Catch-Pull (October 12), Golf Classic (Friday October 25), "Monster Mash" Trunk or Treat (October 25-26), Youth Excellence Awards (November 4) and Tree Lot planning (set-up is Saturday, November 23).

## FINAL CALL FOR GOLF TEAMS AND SPONSORS!

Friday October 25 is the date for the Golf Classic! Shotgun start is at 8:00 am on the Diamond Hill course. The flyer is attached for your use to secure sponsors and teams. Flyer is also available on our web site - go to www.pcchampionsforyouth.org We have 25 teams committed and lots of sponsors, but we need more! We need your help to recruit sponsors and teams. We will also need helpers for the evening before to set up and the morning of the event. Get out there and get those sponsors and players!





## FOOTBALL PUNT-PASS-CATCH-PULL COMING OCTOBER 12

Parks & Rec is set for the Flag Football Skills Challenge.to be held on Saturday October 12 from 8:30 to 10:30 am at the OMA **Sports Complex**. Check the link for details of how it works: We will need six to eight volunteers for Saturday morning October 12 to help produce this great kid-friendly event! An event flyer is attached with the data and rules—read it over and be prepared to have fun!

## "MONSTER MASH" TRUNK OR TREAT

Friday October 25 and Saturday, October 26, the little ghouls come out for the free "Monster Mash" Trunk or Treat event sponsored by the Plant City Parks & Recreation Department. It's a new format at McIntosh Preserve. checkout the details on the attached flyer and come out to assist!

## **LOOKING AHEAD... SAVE THE DATES!**

- Saturday, October 12: Football Punt-Pass-Catch-Pull Challenge, 8:00 am set-up, 8:30-10:30 event.
- Monday, October 7 postponed to Monday, October 14: Regular meeting, 6:30 pm, ABC Pizza. Friday, October 25: Golf Classic fundraiser tournament, 6:30 am set up, 8:00 am start, Diamond Hill.
- Fri & Sat, October 25 & 26: "Monster Mash" Trunk or Treat, McIntosh Preserve flyer attached. Monday, November 4: Youth Excellence Awards, 6:30 pm, Parks & Rec admin, details soon!.
- Saturday, November 23: Tree Lot set-up mark your calendars for another fun season!



Robert Olszewski. President Jack Holland, Secretary/Treasurer Walt Arnold, Sergeant at Arms



### **2024-2025 BOARD MEMBERS**



**PLANT CITY PARKS AND RECREATION** 

# FLAG FOOTBALL SKILLS CHALLENGE

PUNT | PASS | CATCH | PULL



October 12, 2024



Otis M Andrews Sports Complex 2402 E Cherry St.



8:30 A.M. - 10:30 A.M. Awards Ceremony at 11:00 A.M.



Ages 6-15
Boys and girls divisions.



ATHLETIC SHOES OR CLEATS REQUIRED (NO BARE FEET)





## PUNT, PASS, CATCH, & PULL STAFF INSTRUCTIONS Saturday October 12, 2024

Skills Challenge set-up is at 8:00 am at the Otis M. Andrews Sports Complex, 2402 E Cherry Street. Look for the white pop-up tent. All supplies will be on site. Remember to wear your Plant City Champions for Youth shirt. Competition is 8:30 to 10:30 am, awards will be announced at 11:00 am. We need the workers to stay for the awards presentation.

Below are some details regarding the skills challenge. Please review them to become familiar with the rules, scoring, etc.

• Player Score Card (shown below) - once registered, every participant gets this sheet with the top half already filled in by the registration table staff. Player will hold it until his/her turn comes up and then give it to the scorer (clipboard holder) at the line-up. Scorer must enter the distances reported from the field and then give it back to the participant who takes it back to the registration table. Workers at the registration table total the distances and time, write the total in the top right corner and file it in the proper age group sequentially with the longest total distance on top.

### Rules:

- Punt & Pass Rules
  - Tennis shoes or cleats only (no bare feet)
  - Must use the provided equipment
  - One attempt at punt, pass, & pull.
  - Long distance to the nearest inch
  - No negative distances recorded, just zero (0)
  - Five-foot penalty for going over the line on punt or pass
  - Complete miss of the ball allows a retake of that skill
  - Ties are broken with participants completing the entire competition

### Catch Rules

- Catching will involve participants attempting to catch three passes from any of the three designated spots of their choice.
- Participants can change spots after each attempt.
- Catch spots located at (15, 30, & 60 feet)
  - Feet conversion to yards (5, 10, 20 yards)
- Bad throws will be a redo of throw
- Catchable passes that are dropped results in a zero or X score for that attempt.

### o Flag Pull Rules

- Each participant runs a timed pro-shuttle (5 yards-10 yards- 5 yards) and pulls a flag at each turn totaling two flag pulls.
- One attempt at drill
- Time is stopped once both flags are pulled, and participants return through the starting line.
- https://youtu.be/tlECZ3UG5ZM
- Time is subtracted from final combined distances of other drills to equal final score.

### Measuring:

- Be sure tape stays tight on the ground
- o Spotter marks the spot on the ground where the ball landed
- String is pulled at a 90-degree angle from the tape to the landing spot
- o End of string is then swung toward the skill starting point
- O Distance is at the end of the string on the tape to the nearest inch
- o BE SURE TO USE THE INCHES/FEET SIDE OF THE TAPE AND NOT THE METRIC SIDE!
- Loudly and clearly announce the distance to the scorer

TOTAL SCORE: (TOTAL FEET - PULL TIME)

## PCPRD YOUTH FLAG FOOTBALL LEAGUE 2024 SKILLS CHALLENGE PUNT-PASS-CATCH-PULL COMPETITION SATURDAY, OCTOBER 12, 2024, - 8:30AM TO 10:30AM

NAME: PHONE: ( )									
EMAIL:					AGE AS OF TODAY:				
Circle: MALE	Circle Age Gro	6-7	8-9	10-11	12-13	14-15			
(Round All Distances to Nearest Inch)									
PUNT	FEET:			INCHES:					
PASS	FEET:			INCHES:					
CATCH	ATT 1 FEET:	ATT 2 FEET:		ATT 3 FEET:			TOTAL CATCH FEET:		
PULL	TIME:								
TOTALS	TOTAL FEET: (PUNT+ PASS+ CATCH)	PULL TIME		:		TOTAL SCORE: (TOTAL FEET - PULL TIME)			



FREE PARKING \$5 GROUP ADMISSION (MAX OF 6)

TREAT TRAIL
VENDORS
DJ TYWY
GAMES & MORE!







**OCTOBER** 

FRI

SAT.

**25 & 26** 

6:00PM - 10:00PM

**MCINTOSH PRESERVE** 

(USE NORTH ALEXANDER STREET ENTRANCE)



HAUNTED HAYRIDE

\$5 GROUP ADMISSION (MAX OF 6)
NOT INCLUDED WITH ADMISSION
ONLINE PRE-SALE BEGINS
OCTOBER 1

OPPORTUNITIES AVAILABLE FOR VOLUNTEERING, SPONSORS, VENDORS, AND TRUNKS!

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